

September 2026

Dear Parent or Guardian:

New York State Education Department guidelines **require physical examinations for all new students, and all students in Pre-Kindergarten, Kindergarten, and grades 1, 3, 5, and 7.** The physical examination needs to have been completed within 12 months of the first day of school in September. This physical examination will need to include BMI and weight status categories, as reported by your healthcare provider. **A copy of your child's immunization record must accompany the physical exam and is required for our records.**

A law was enacted that expanded health screenings to include the dental health of students in New York State. You are requested to furnish a dental health certificate from your dentist. Once it is completed, it should be returned to the school's main office and will be filed in your child's Cumulative Health Record.

The **physical examination is required by law**, while the dental health certificate is a request (optional). Attached you will find both forms that need to be completed for your child. Please have your healthcare provider and dentist, complete both forms and **return them to the main office prior to the start of school in September.**

Sincerely,

St Stephen Health Services (Dawn Frosolone, Huth Road Elementary)
716.773.8850